



# Crew Member Packing List

## 2017-18 Season

---

The rule of thumb is “if you like it, put a lanyard on it, if you love it, leave it at home.” Anything can get stained, torn, or dropped in the ocean on a boat, so do not bring anything you will be sad to lose! Pack light, you will only have your bunk and one storage cubby to keep all your stuff. Soft duffels or backpacks are easier to stow than a hard suitcase.

### Essentials

ID	Merchant mariner’s credential & TWIC (if required for your position) Passport (for travel to Canada, recommended for PNW crew) Driver’s license or ID card Current CPR/First Aid certification card
Bedding	Sleeping bag (regular recommended over mummy) OR twin sheets and comforter Pillow and pillowcase
Clothing	2 pairs of clean, good condition black workpants (e.g. carhartt) to wear during programs with your uniform t-shirt/ hoodie (provided) 2 pairs work pants for maintenance that can be stained or torn 1 pair knee-length shorts if you’re going to be in warm weather 4 maintenance shirts that can be stained or torn 2 regular t-shirts or long sleeve shirts 2 nice outfits to wear ashore 7 days worth of underwear 7 days worth of socks, including 2 or 3 thick pairs for night watch 1-2 hoodie or sweater (these are really good for layering on watch) 1 warm coat Pajamas Belt – you will need a belt to attach your tools to Work boots (steel toe not required, short heel recommended-1.5” or less) Walking shoes/sneaker for off-duty Wool watch cap (winter) or brimmed hat (summer) Base layers for night watch (all seasons) Gloves for night watch Sunglasses (polarized recommended)
Gear	Water bottle

Waterproof jacket (West Marine “Third Reef” or Grundens recommended)  
Waterproof pants or “bibs” (waterproof overalls)  
Rain boots (X-tra tuff brand recommended)  
Knife in sheath to wear on belt  
Marlinspike in sheath (6” is a handy size, needs hole in it for lanyard)  
Flashlight or headlamp (if headlamp, red/white light option is good)

Toiletries      Prescribed medication in the right quantity to last your whole tour  
Toothbrush and toothpaste  
Soap  
Shampoo/conditioner  
Face wipes or baby wipes (handy for “sailors bath” on transit)  
Pads/tampons  
Sunblock  
Lotion  
Hair ties if needed to keep hair out of face

## Extras You Might Like

- Your preferred seasickness meds (meclizine provided aboard)
- Journal or sketchbook
- A small backpack for day off wandering around
- Electronics such as kindle, laptop, cell phone, etc. Keep in mind the “if you love it, leave it at home” rule. Electronics and water don’t mix.
- Headphones (if you plan to bring a laptop or other device that makes noise, you need headphones if you’re going to use it in your bunk)
- Bandana
- Musical instrument small enough to stow (e.g. penny whistle, mandolin, fiddle)
- 1-3 books and small reading light (the vessels have a library of nautical books)
- If you tend to get cold, bring extra warm items for night watch like a fleece layers, a scarf, etc. Night watch especially in the fall in the PNW can get really cold.
- Small pelican case to keep valuables in
- Dry shampoo
- Personal ditch kit (vessels are equipped with ditch kit, immersion suits for every crew member, and SOLAS liferafts)
- Colored pencils, knitting supplies, other small craft supplies